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State Farm NACWAA

# Volleyball Classic

August 25-26,  
1995

Nebraska Coliseum

Lincoln, NE

Nebraska  
Stanford  
Penn State  
Cal State Northridge







Jackie Joyner-Kersey, age 15



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# STATE FARM - NACWAA VOLLEYBALL CLASSIC

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August 1995

On behalf of the agents and employees of State Farm, welcome to the inaugural State Farm NACWAA Women's Volleyball Classic.

As a major supporter of women's sports, we are honored to join with National Association of Collegiate Women Athletic Administrators in sponsoring this preseason tournament.

We are excited to have the top teams represented and anticipate seeing some great matches. We hope you will share in our enthusiasm.

Sincerely,

Edward B. Rust, Jr.  
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# **STATE FARM - NACWAA VOLLEYBALL CLASSIC**



NATIONAL ASSOCIATION OF COLLEGIATE WOMEN ATHLETIC ADMINISTRATORS

Over twenty years ago a group of women athletic administrators formed the Council of Collegiate Women Athletic Administrators (CCWAA). These women were reacting to the turbulent times resulting from the dissolution of the Association of Intercollegiate Athletics for Women (AIAW) and the constant struggle for gender equity in intercollegiate athletics. The primary goal of the CCWAA was to enhance opportunities for women in athletics.

The mission of creating opportunities for women has not changed but the responsibilities have increased along with the increased exposure of women's athletics. In 1992, in order to better represent its diversified members, the CCWAA changed its name to the National Association of Collegiate Women Athletic Administrators (NACWAA). NACWAA now boasts over 640 members from universities, colleges, conferences and affiliated organizations across the country. NACWAA has become a powerful force in college athletics, advocating increased athletic and administrative opportunities for women, and promoting progressive and positive attitudes toward women in sport.

The 1995 STATE FARM / NACWAA VOLLEYBALL CLASSIC is an expansion of NACWAA's commitment to enhancing women's opportunities in intercollegiate athletics. NACWAA extends special thanks to those sponsors and friends whose enthusiastic support of women's intercollegiate athletics have helped make this event possible.

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In June these women completed the first NACWAA/HERS Institute for Administrative Advancement. This week long program at Bryn Mawr College, is designed to train women whose career goals include becoming the executive officer of an intercollegiate athletics program. The NACWAA/HERS Institute is the first of its kind exclusively for women. It is jointly sponsored by the National Association of Collegiate Women Athletic Administrators (NACWAA) and Higher Education Resource Services (HERS).

# STATE FARM - NACWAA VOLLEYBALL CLASSIC

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Dear Husker Volleyball Fan:

I'd like to extend a personal welcome to the teams, competitors and guests attending the inaugural State Farm-NACWAA Volleyball Classic. It is an honor to be your host for this important event.

We are extremely proud of our athletic traditions at the University of Nebraska. We are committed to providing outstanding competition, exciting athletic entertainment, and the best possible education for student-athletes.

In the spirit of quality Nebraska Athletics, we wish every competing team and athlete best wishes during this competition.

Cordially,



**BILL BYRNE**  
Director of Athletics





# A CAPSULE LOOK AT THE NATION'S TOP TEAMS

## STANFORD

The Cardinal returns 13 of 15 letterwinners from last season's national championship squad. However, Stanford may lose National Freshman-of-the-Year Kristin Folkl and fellow standout Lisa Sharpley to the U.S. National Team. Both worked out with the team this past summer and could decide to continue training throughout the collegiate volleyball season.

### Cardinal Data

1994 Record: 32-1

1994 Conference Record: 17-1 (first)

Head Coach: Don Shaw (UCSB '77)

Top Returnees: Kristin Folkl (So., 6-2, OH), Cary Wendell (Sr., 6-0, S/OH), Marnie Triefenbach (Sr., 6-0, OH), Lisa Sharpley (So., 6-0, MB).

Top Newcomers: None.

## NEBRASKA

Returning All-Americans Christy Johnson and Allison Weston headline a squad that has an exciting blend of experience and youth. The Huskers No. 1 recruiting class is hoping to make immediate contributions as Nebraska vies for its 19th overall Big Eight title and fourth national semifinal appearance.

### Huskers Data

1994 Record: 31-1

1994 Conference Record: 12-0 (first)

Head Coach: Terry Pettit (Manchester '68)

Top Returnees: Christy Johnson (Sr., 5-8, S), Allison Weston (Sr., 6-0, MB/OH), Billie Winsett (Sr., 5-11, OH).

Top Newcomers: Jaime Krondak (Fr., 6-0, OH), Fiona Nepo (Fr., 5-9, S/OH), Renee Saunders (Fr., 5-11, OH).

## FLORIDA

Champions of the Southeastern Conference, the Gators are the preseason No. 3 team in the country. Florida welcomes back all six starters from last season's 28-6 squad, including middle blocker Aycan Gokberk who averaged 4.75 kills per game last season.

### Gators Data

1994 Record: 28-6

1994 Conference Record: 16-1 (first)

Head Coach: Mary Wise (Purdue '81)

Top Returnees: Missy Aggett (Sr., 5-9, S), Meg Fitzgerald (Sr., 5-11, OH), Aycan Gokberk (Sr., 6-2, MB), Ashley Mullis (Sr., 5-1, OH), Julie Stanhope (Jr., 6-2, MB), Jenny Wood (Jr., 6-0, OH).

Top Newcomers: Jeni Jones (Fr., 5-10, MB).

## PACIFIC

A perennial championship contender, Pacific looks to have one of its best teams of the 1990s led by Dominique Benton-Bozman and Sacha Caldemeyer. The Tigers won the national title in 1985 and 1986 and were runner-ups in 1990. Benton-Bozman, who was sixth in the nation with 5.12 kills per game, and Caldemeyer, the team leader in digs, could take Pacific back to the promised land.

### Tigers Data

1994 Record: 23-7

1994 Conference Record: 14-4 (third)

Head Coach: John Dunning (San Diego State '73)

Top Returnees: Dominique Benton-Bozman (Sr., 6-1, OH), Sacha Caldemeyer (Jr., 5-8, S), Addie Hauschild (So., 6-2, MB).

Top Newcomers: Randy Jensen (Fr., 5-10, OH), Elsa Stegeman (Fr., 5-10, OH).

## UCLA

Look for UCLA to retain its position among the nation's elite with senior Jenny Johnson leading a solid contingent of hitters. A sizable recruiting class of four rookies over 6-0 should help ease the graduation of All-Americans Annett Buckner and Alyson Randick. The Bruins lost to Stanford, 1-3, in last year's national championship match.

### Bruins Data

1994 Record: 32-4

1994 Conference Record: 16-2 (second)

Head Coach: Andy Banachowski (UCLA '68)

Top Returnees: Jenny Johnson (Sr., 5-10, OH), Kim Krull (Jr., 6-0, MB), Kara Milling (So., 6-1, OH).

Top Newcomers: Mari Burningham (Fr., 6-4, OH/MB), Chaska Potter (Fr., 6-2, OH), Amanda Selby (Fr., 6-1, MB), Linda Shudlick (Fr., 6-1, MB).

## HAWAII

Hawaii returns a solid nucleus from last year's team that went 25-5 and advanced to the NCAA tournament regionals for the second consecutive season. It's been eight years since the Rainbows won their third national championship, but junior All-America Angelica Ljungquist could take Hawaii to the top once again.

### Rainbows Data

1994 Record: 25-5

1994 Conference Record: 15-3 (second)

Head Coach: Dave Shoji (UCSB '68)

Top Returnees: Robyn Ah Mow (Jr., 5-8, S), Angelica Ljungquist (Jr., 6-3, MB), Jenny Wilton (Sr., 5-10, OH), Therese Crawford (So., 5-11, OH), Joselyn Robins (Jr., 5-8, OH).

Top Newcomers: Kapu Elkington (Fr., 6-1, MB), Lori Garber (Fr., 6-3, MB), Kelli Cordray (Fr., 5-10, OH), Nalani Yamashita (Jr., 5-4, DS).

## NOTRE DAME

Quickly becoming a consistent contender for national honors, the Fighting Irish return five starters from last season's 33-4 squad that advanced to the Mideast Regional. Angie Harris was second on the team with 3.82 kills per game and third with 2.62 digs per game.

### Fighting Irish Data

1994 Record: 33-4

1994 Conference Record: 10-0 (first)

Head Coach: Debbie Brown (Arizona State '82)

Top Returnees: Brett Hensel (Sr., 5-9, OH/DS), Shannon Tuttle (Sr., 5-10, S), Jenny Birkner (Jr., 5-11, OH), Jen Briggs (Jr., 6-0, MB), Angie Harris (So., 6-0, OH).

Top Newcomers: Lindsay Treadwell (Fr., 5-10, OH/MB).

## TEXAS

After a disappointing season a year ago in which Texas lost two Southwest Conference matches for the first time and nearly fell out of the top 25, the Longhorns should be improved in 1995. Texas returns five starters, including senior outside hitter Angie Breitenfeld, who averaged 3.83 kills per game, and setter Carrie Busch, who averaged 11.07 assists per game.

### Longhorns Data

1994 Record: 23-10

1994 Conference Record: 8-2 (second)

Head Coach: Mick Haley (Ball State '65)

Top Returnees: Carrie Busch (Sr., 5-11, S), Angie Breitenfeld (Sr., 6-2, OH), Jane Winkel (So., 6-0, MB).

Top Newcomers: Katie Austin (Fr., 6-3, OH), Demetria Sance (Fr., 5-11, OH).

## 1995 Volleyball Magazine Preseason Top 20

School	1994 Record
1. Stanford	32-1
2. Nebraska	31-1
3. Florida	28-6
4. Pacific	23-7
5. UCLA	32-4
6. Hawaii	33-4
7. Notre Dame	25-5
8. Washington	33-4
9. Long Beach State	27-6
10. Texas	23-10
11. Michigan State	17-15
12. Southern California	22-8
13. Ohio State	29-3
14. San Diego State	22-10
15. Loyola Marymount	19-10
16. UC Santa Barbara	28-7
17. Penn State	31-4
18. Arizona	17-10
19. Brigham Young	25-4
20. Iowa	24-9

Others receiving votes (alphabetical): Arizona State, Colorado, Georgia, Kentucky, Texas A&M, Washington State, Wisconsin.

## 1995 AVCA Preseason Top 25

School	Total Points, 1994 Record
1. Stanford (54)	1,422, 32-1
2. Nebraska (2)	1,346, 31-1
3. UCLA (1)	1,292, 32-4
4. Long Beach State	1,121, 27-6
5. Hawaii	1,071, 25-5
6. Penn State	1,030, 31-4
7. Florida	1,006, 28-6
8. Pacific	994, 23-7
9. Southern California	930, 22-8
10. Ohio State	878, 29-3
11. Notre Dame	789, 33-4
12. Colorado	762, 23-8
13. Brigham Young	717, 25-4
14. Texas	688, 23-10
15. UC Santa Barbara	624, 28-7
16. Arizona	552, 17-10
17. Washington	479, 16-13
18. Arizona State	447, 18-10
19. Houston	386, 26-7
20. Georgia	345, 26-9
21. Michigan State	264, 17-15
22. New Mexico	240, 20-10
23. Duke	173, 24-6
24. San Diego State	134, 22-10
25. Loyola Marymount	91, 19-10

### Others receiving 20 or more points:

Washington State (86), Idaho (81), Georgia Tech (73), Iowa (64), Iowa State (53), George Washington (49), San Diego (46), Illinois (43), Kentucky (42), Wisconsin (39), Texas A&M (28), Louisville (27), Clemson (23), George Mason (20).

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# STATE FARM - NACWAA VOLLEYBALL CLASSIC



## LINCOLN ... AN ALL-AMERICAN CITY

Lincoln, the state capital, offers a quality of life that is sure to satisfy a variety of lifestyles and interests. A city of 200,000, Lincoln was voted the 10th-most livable city in the United States by Money Magazine in 1991. Included in the evaluation were low crime rates, top-rate medical care and environmental factors.

Lincoln is also the home to state, county and city government offices and is one of the nation's fastest growing non-Sun Belt cities. Nebraska's capital has more than 5,000 acres of parks, including 10 lakes, nine municipal swimming pools, more than 20 miles of paved bike paths and trails and six municipal golf courses. Opportunities are always available to enjoy the outdoors with 15,000 acres of recreational areas.

Nebraska is an integral part of the community as it is home to the Lied Center for Performing Arts, which offers dance, music and theatre performances; Sheldon Memorial Art Gallery; as well as the Bob Devaney Sports Center. The campus is located in the heart of the city with easy access to shopping, eating establishments, movie theatres and many of Lincoln's most popular night spots.

Lincoln's historic market district, known as the Haymarket, also includes specialty antique shops, art galleries, restaurants, clubs and much more. The "Star City" offers an unique and diverse mix of activities and opportunities.



## 1995 National Collegiate Division I Women's VOLLEYBALL CHAMPIONSHIP



\*First- and second-round & regional matches will be played on the campus of one of the participating institutions.

# Nebraska

## OUTLOOK: HUSKERS EYE TITLE

Time has passed and the wounds of a one-loss season have healed as Nebraska enters the 1995 volleyball season with one goal and one focus—win the national championship. Eight excruciating months have crossed the calendar since the Huskers lost to Penn State in the NCAA Mideast Regional finals and no team could be more anxious to start the 1995 season.

Simply put, the Huskers are loaded. Two All-Americans, three all-conference selections, the nation's top-ranked recruiting class and the national Coach-of-the-Year are just the appetizers. Add a redshirt freshman, a sophomore who made the U.S. Olympic Festival, two improved juniors and a former freshman All-American, who appears to be healthy after off-season surgery, and the Huskers have the main ingredients to satisfy any fans' hunger for a championship season.

"In my opinion, anything less than a national championship would be a disappointment," said captain and starting setter **Christy Johnson**. "I think we're better defensively than we were last year and with the people we have coming in, we should be an improved team."

For seniors **Johnson**, **Billie Winsett** and **Allison Weston**, this year is their last chance to put Nebraska where it has never landed, on top of the volleyball world.

And at the top is where this year's team starts, with its seniors. First-team All-Americans **Johnson** and **Weston**, along with **Winsett**, a second-team All-Mideast region selection, are potentially the best senior class ever to grace the Coliseum court. Head Coach **Terry Pettit** likens this team to his 1986 squad that advanced to the national finals behind the leadership of senior All-Americans **Enid Schonewiese**, **Tisha Delaney** and **Karen Dahlgren**.

"We certainly should be strong," Pettit said. "We have great senior leadership with **Weston**, **Winsett** and **Johnson** which is similar to the 1986 team."

### OPTIONS PLENTIFUL

With the cupboard stocked with talent, the Huskers options are plentiful. In fact, Pettit said he is thinking of using a system that allows **Weston**, a two-time All-American at middle blocker, to move to outside attack.

**Weston**, who set the Big Eight record and ranked 13th nationally with 4.99 kills per game last season, is a candidate for national Player-of-the-Year honors and could become the first Nebraska volleyball player to earn three first-team All-America awards.

"I have not seen everyone in the country, but I can't imagine a more complete player," claimed Pettit. "She does every skill at the highest level. She is a great defensive player who blocks and passes well and is probably better than anyone in the country at transition attack."

Last year's Big Eight Player-of-the-Year, **Weston** could become the conference's all-time kill leader if she eclipses the 500 mark for the third straight season.

Pettit also expects to move **Maria Hedbeck**, a two-year starter, to a back row specialist position. An excellent defensive player who finished seventh in the Big Eight with 2.85 digs per game, **Hedbeck** was hampered by a shoulder injury last season. Her proven offensive skills (2.53 kills per game in 1993) are an added plus.



**CHRISTY JOHNSON: 1994 All-American**

"**Maria** was our second strongest server last year and can play any of the back row positions well," said Pettit. "When she plays well, she raises our team's level of play because of her defensive pursuit."

Likely to fill the vacancy left by second-team All-American **Kelly Aspegren**, is sophomore sensation **Lisa Reitsma**. Despite playing in only 18 matches last season and collecting just 29 kills, **Reitsma** impressed the coaching staff this summer.

The normally stoic Pettit beams when speaking of the lanky lefty from Iowa. "**Lisa Reitsma** has the athletic ability and competitiveness to be one of the strongest net players in the country. She has the size (6-4), athleticism and can hit a variety of sets anywhere along the net. Offensively, her position is in very good shape."

The Nebraska coaching staff wasn't the only one to see **Reitsma's** potential. She impressed others at the U.S. Olympic Festival and joined Husker teammates **Johnson**, **Weston** and **Winsett** at the 1995 event.

With **Jen McFadden** and **Stacie Maser** back from injury, the Huskers middle attack should be in good shape. **McFadden** went down with a knee injury against Illinois last season and also underwent offseason back surgery. As a freshman, **McFadden** ranked No. 3 in the nation in blocks.

### SOME THINGS STAY THE SAME

For all the possible personnel changes, some constants remain. **Winsett** has defined consistency at the right outside attack position over the past two seasons, missing just one match in her three-year career. Her 3.14 kills per game ranked ninth in the Big Eight last season and over the past two seasons, her 2.96 kill average is one of the league's best marks.

"I think every team that wins the national championship has to have a player like **Billie** on the court," Pettit said. "The little things she does allows us to run the type of system we do."

Quarterbacking this system is the steady **Johnson**. After redshirting the 1993 season, **Johnson** took over at setter last season and promptly set the conference record for assists per game with 14.18 and earned All-America honors. She registered the seventh highest single-season assist total with 1,490 despite not playing any five game matches and only seven four-game matches.

"She's one of the most stable people we've ever had," said Pettit. "We've had a lot of people here who are team oriented, but I don't know anyone who is as willing to do whatever it takes to make the team better. Her whole life centers around doing things as well as she can."

If the Huskers need more defense, **Kate Crnich**, who had a career-high 16 digs against Iowa State last year, will provide the necessary punch off the bench and **Kim Legg** provides depth at outside hitter.

### BANNER RECRUITING SEASON

Off the floor, the Husker coaching staff did extremely well, bringing in three Mizuno All-Americans and *Volleyball Magazine's* No. 1 recruiting class. Three of those players, **Jaime Krondak**, **Fiona Nepo** and **Renee Saunders** could have an immediate impact in 1995, while **Lisa Avery** and **Denise Koizol** are expected to redshirt this season. **Krondak** was the top recruit from Nebraska.

# University OF NEBRASKA



**ALLISON WESTON: 1994 All-American**



**BILLIE WINSETT: Outside hitter**



**LISA REITSMA: Outside hitter**

## 1995 NEBRASKA NUMERICAL ROSTER

No.	Name	Cl.	Pos.	Ht.	Hometown (High School)
3	Renee Saunders	Fr.	OH	5-11	Omaha, Neb. (Marian)
4	***Billie Winsett	Sr.	OH	5-11	Boonville, Ind. (Boonville)
5	***Christy Johnson	Sr.	S	5-8	Omaha, Neb. (Millard North)
6	*Kim Legg	So.	OH	5-11	Ft. Collins, Colo. (Ft. Collins)
7	**Kate Crnich	Jr.	OH	5-11	River Forest, Ill. (Trinity)
8	**Maria Hedbeck	Jr.	OH	5-10	Sollentuna, Sweden (Rudbecksskolan)
9	Denise Koziol	Fr.	OH	5-11	Norfolk, Neb. (Norfolk)
10	Stacie Maser	RFr.	MB	6-0	Lincoln, Neb. (Northeast)
12	Lisa Avery	Fr.	MB	6-1	Shawnee Mission, Kan. (South)
14	Jaime Krondak	Fr.	OH	6-0	Lincoln, Neb. (East)
15	*Lisa Reitsma	So.	OH	6-4	Sanborn, Iowa (Western Christian)
16	Fiona Nepo	Fr.	S/OH	5-9	Honolulu, Hawaii (University)
18	***Allison Weston	Sr.	MB/OH	6-0	Papillion, Neb. (Papillion-LaVista)
25	**Jen McFadden	Jr.	MB	6-2	Dubuque, Iowa (Wahlert)

**Head Coach:** Terry Pettit (Manchester '68)

**Assistant Coach:** Cathy Noth (Nebraska '84)

**Assistant Coach:** Todd Raasch (Graceland '92)

MB - middle blocker, OH - outside hitter, S - setter

\*denotes letters earned



**Terry Pettit  
Head Coach**



**Allison Weston**

## NEBRASKA QUICK FACTS

Location .....	Lincoln, Neb.
Founded .....	1869
Enrollment .....	25,000
Nickname .....	Huskers
Colors .....	Scarlet & Cream
Conference .....	Big Eight
Chancellor (interim) ....	Dr. Joan Leitzel
Athletic Director .....	Bill Byrne
Volleyball SID .....	Kevin Best





A new look. A loaded schedule. And an impressive history to build on.

As they start their 17th season under head coach **Russ Rose**, the Lady Lions will find themselves in an unfamiliar role as the year begins—that of the underdog.

Gone from the playing field are the four powerhouse starters—Salima Davidson, Saundi Lamoureux, Laura Cook and Jen Reimers—who helped distinguish Penn State's reputation by taking the program to two Big Ten titles and two straight Final Four appearances.

"What those people did to keep us alive and keep us in games is something that we may never replace. That was such a special group of talented women," Rose stated. "Clearly, it's going to be a different team. We're going to be bigger in size, so hopefully we'll be a better spiking and blocking team, but I don't see how our ball handling is going to be anywhere near what it has been as we led the conference in digging all four of those players' years." Reimers led the Big Ten in digs the last two seasons with Cook and Davidson listed among the top 10 each year.

In 1995, the Lady Lions will develop a fresh look as they strive to create new memories in search of their 15th straight appearance in the NCAA Tournament. Penn State is one of only five teams that has competed in every NCAA postseason event.

The leadership task will fall on the capable shoulders of senior **Zeynep Ton**. The outside hitter was selected to the NCAA's Mid-east All-Region squad for the second straight time and was named honorable mention All-Big Ten last year. She placed fourth in the conference in digs (3.34 per game) behind two of her senior teammates and tied for 12th in the conference in hitting efficiency (.271) in all matches. Among her accomplishments on the court, Ton is the model student-athlete having earned first-team GTE/CoSIDA Academic All-America honors in 1994 with a 3.97 grade point average in industrial engineering.

Rose will also be looking for senior setter/hitter **Andrea Boner** to step up and provide much needed experience to the back row troops.

"We're going to have some serious holes to fill," analyzed Rose, "but I believe that we have people here that have aspirations to play at a high level and they're going to be receptive to the challenges."

Led by Ton, Penn State will be powered by a talented group of underclassmen. Junior outside hitter **Angie Kammer**, who was selected by her teammates as a co-captain along with Ton, will be crucial in strengthening the Lady Lions' chemistry. Sophomore sensation **Terri Zemaitis**—the only returning starter besides Ton—is also expected to contribute heavily. The middle hitter tied for third in the conference in blocks (1.32 per game) last year.

Redshirt freshman **Samantha Spink** will fill the void of Davidson's big shoes in the setter position, starting what could be another stellar career that has blessed a bevy of Lady Lion setters.

"I don't recall having a player that's worked as hard in her redshirt year as Samantha Spink," Rose commended. "So whether we win or lose, I'm comfortable that she's given us everything she's got."

The remaining two starting positions aren't as easy to predict. With the loss of four senior starters, Rose sees a wide-open battle during preseason practice.

To fill the void left by these talented players, Rose will begin his tutelage of five freshmen and two redshirt sophomores. "I think **Nikki Higley** (middle blocker) has a real good opportunity to play right now with the tools that she presently has," stated Penn State's 16-year coach. "I think she's a good ball handler and a solid hitter. She could play either left side or middle."

Higley, of North Branch, Minn., could be joined in the lineup of by outside hitter **Emily Stout** of Seymour, Ind.

"I'm very high on Emily Stout," Rose said. "I think she not only



**HEIDI ROTTINGHAUS (front) and TERRI ZEMAITIS (back).**

can be a backup setter, but can play middle and right side."

Also joining the Lady Lions are outside hitters **Cara Armstrong** (Uniontown, Ohio) and **Christy Cochran** (Bethlehem, Pa.); and back row specialist **Amanda Thomas** (Huntington, Pa.)

But the key for the Lady Lions could be how well the veterans who have been waiting in the wings perform. They've been practicing with and against one of the best teams in the country for the last two seasons and now it's their time to show what they've learned.

Juniors **Jodi Niswender** (middle blocker), **Claudette Otero** (back row specialist) and **Heidi Rottinghaus** (outside hitter) and redshirt sophomore **Jen Burdis** (back row specialist) will all bring quality experience from last year and be vital in developing depth for the team.

Also returning from last season's squad are sophomores **Lindsay Anderson** (outside hitter), **Teri Wroblewski** (middle blocker) and redshirt freshman **Tomuke Ebuwei** (outside hitter).

Rose said the passing game will be vital for the Lady Lions, and three outside hitters will control the team's success.

"If Angie Kammer, Heidi Rottinghaus and Zeynep Ton can receive serves at a competitive level, then I think we're going to be a very competitive team," he noted.

Going unnoticed is something this team doesn't count on doing. The Lady Lions capped off another stellar season last fall. After placing second in the Big Ten in the regular season to Ohio State, Penn State soared to its second-consecutive trip to the Final Four.

The Lady Lions defeated Ball State and Notre Dame before winning the Mid-east Regional in a match Rose called the highlight of the year. The Lady Lions beat undefeated and No. 1-ranked Nebraska in Lincoln, winning three straight games after dropping the first. Penn State avenged its 1990 tournament loss, when it entered the Mid-east Regional final with a 44-0 record, only to be sent home by Nebraska.

# Penn State UNIVERSITY

After stunning the Huskers, Penn State lost a nail-biting five-game contest to UCLA in the semifinals, finishing its season 31-4 (17-3 Big Ten). Added with the credentials of the 1993 team—which went 31-5, won the Big Ten title and played in the national championship match—the Lady Lions have a strong foundation upon which to build.

The experience the team gained last year will be vital throughout the season. That's because Penn State's schedule is loaded this year. The Lady Lions will have no time to rest, starting the season with the State Farm - NACWAA Volleyball Classic at Nebraska, facing the Huskers in the first bout. Penn State could also face defending national champion Stanford, which sits on the other side of the four-team field. Rose picks Nebraska and Stanford as the preseason favorites to win the national title.

"I think the NACWAA Classic certainly will magnify our weaknesses at the beginning of the year—clearly we're not going to win as much as we want, but we're going to know a lot more about ourselves as a team. We're going to get better," he said.

The Lady Lions will also face stiff competition from squads they haven't seen in a while—Washington, New Mexico, Duke and George Mason. Penn State will also face Oregon State, a dangerous Pac 10 team, for the first time ever.

"It's the toughest schedule we've ever had," admitted Rose.

And even though the Lady Lions will be young, Rose isn't worried. He looks forward to facing the challenges this season will provide.



**ZEYNEP TON: 1994 All-Mideast Region.**

## 1995 PENN STATE NUMERICAL ROSTER

No.	Name	Cl.	Pos.	Ht.	Hometown (High School)
3	Andrea Boner	Sr.	BR	5-10	Seven Valleys, Pa. (Dallastown)
5	Terri Zemaitis	So.	MH	6-2	Downers Grove, Ill. (South)
7	Zeynep Ton	Sr.	OH	5-10	Istanbul, Turkey (Uskudar)
8	Lindsay Anderson	So.	OH	6-0	Crystal Lake, Ill. (Central)
9	Heidi Rottinghaus	Jr.	OH	5-8	Columbus, Ind. (East)
10	Angie Krammer	Jr.	OH	5-10	Muncie, Ind. (Burris)
11	Samantha Spink	Fr.	S	5-9	Coeur d'Alene, Idaho (Coeur d'Alene)
12	Teri Wroblewski	So.	MB	5-10	Milwaukee, Wis. (Pius XI)
13	Jodi Niswender	Jr.	MB	6-0	Fort Collins, Colo. (Fort Collins)
15	Claudette Otero	Jr.	BR	5-3	Tampa, Fla. (Berkley Prep)
2	Jen Burdis	So.	BR/S	5-2	Orwigsburg, Pa. (Blue Mountain)
11	Christy Cochran	Fr.	OH	5-9	Bethlehem, Pa. (Bethlehem Catholic)
16	Tomuke Ebuwei	Fr.	OH	5-7	Ft. Washington, Md. (Elizabeth Seton)
4	Nikki Higley	Fr.	MB	6-0	North Branch, Minn. (North Branch)
1	Emily Stout	Fr.	OH	6-0	Seymour, Ind. (Seymour)

**Head Coach:** Russ Rose (George Williams '75)

**Assistant Coaches:** Erin Tomblin, Michael Schall, Leanne King

BR - back row, MB - middle blocker, OH - outside hitter, S - setter

\*denotes letters earned

## PENN STATE QUICK FACTS

Location ..... University Park, Pa.  
 Founded ..... 1855  
 Enrollment ..... 30,500  
 Nickname ..... Lady Lions  
 Colors ..... Blue & White  
 Conference ..... Big Ten  
 Chancellor ..... Graham Spanier  
 Athletic Director ..... Tim Curley  
 Volleyball SID ..... Pete Zifchak



**Russ Rose  
Head Coach**



**Zeynep Ton**



# Stanford

## OUTLOOK: READY TO REPEAT

There are some who are willing to concede the 1995 NCAA Women's Volleyball title to Stanford right now.

After all, the Cardinal are the 1994 champions. They were 32-1 last year. In 33 matches, in fact, they lost only 11 games. Of their last 25 games, they won 24--against the very best competition in the country. They won the Pac-10 title, finishing 17-1 in what was easily considered the toughest conference in the nation. They were thought to be one of the best women's collegiate teams in the history of the sport.

Of 15 letterwinners from that squad, 13 are back. That includes five of six starters. And the only two non-returnees, the two graduated seniors in middle blocker Anne Wicks and defensive specialist Denise Rotert, substituted for each other. Seven of those 13 players hit above .300.

Among the five returning starters this year, in some combination, are 1) The National Player-of-the-Year, according to *Volleyball Magazine*, 2) The National Freshman-of-the-Year, according to *Volleyball Magazine*, 3) two AVCA first-team All-Americans, 4) one AVCA second-team All-American, 5) three first-team All-West Regional performers, 6) three NCAA Final Four All-Tournament performers, 7) three first-team All-Pac-10 performers and 8) three Pac-10 All-Freshmen.

So, everything is rosy. No off-season injuries (knock on wood). No major off-season problems. It's all a formality. Just hand the trophy over now, if you wish.

At least that's what some would say.

But, hey, not so fast.

First of all, anyone who knows anything about sports, knows it doesn't work that way. There are always potential problems--injuries, lack of chemistry, academic problems, the unknown. Who knows what might come about.

Secondly, there is no new blood, so to speak. Stanford had scholarships to give, but elected not to.

Thirdly, the so-called "set" or "nearly-set" Stanford lineup may be anything but "set" come the beginning of the season. There are plenty of question marks that need to be answered before the Cardinal open up in Lincoln, Neb., August 25 against Cal State Northridge at the State Farm - NACWAA Volleyball Classic. And some of those questions may not be answered at that time.

"Expectations will be high, as usual," said Stanford Head Coach **Don Shaw**, who directed the Cardinal to their second NCAA title in three years last season. "But a key factor in our success will be the national team question marks we have in **Kristin Folkl** and **Lisa Sharpley**. We may not know their status until the middle of September or the start of the conference season."

Indeed, two of Stanford's superb freshmen of a year ago--Folkl and Sharpley--received tryouts with the U.S. National Team and worked out with our nation's best this summer. Shaw may not know their Stanford availability at the start of the season August 25.

### FOUR DIFFERENT LINEUP POSSIBILITIES

"Right now, I have to prepare for the '95 season with four different lineup possibilities and with a couple of different philosophies," said Shaw, who was an AVCA Regional Coach-of-the-Year in 1994.

"The lineup possibilities include one with Folkl and Sharpley, one without Folkl and Sharpley, one with Folkl and without Sharpley,



**WENDY HROMADKA: outside hitter**

and one with Sharpley and without Folkl," continued Shaw. "If Sharpley is with us, we'll probably continue our 6-2 offense. But if she isn't, then we could revert to a 5-1."

Yes, it's possible that Stanford could play the entire 1995 season without one or both of two of their very outstanding players--because of the U.S. National Team's desire to include them on that squad.

And if one or both had the opportunity and decided they wanted to do that, then Shaw and staff would let them go.

### BUT THE CUPBOARD WOULD STILL BE FAR FROM BARE

Let's consider the worst-case scenario (for Stanford). Even should Folkl and Sharpley not return, that would still leave three starters returning, with eight more experienced letterwinners still in place.

In other words, the cupboard would still be far from bare.

Still in place would be the celebrated "senior class" of **Cary Wendell**, **Marnie Triefenbach**, **Wendy Hromadka** and **Maureen McLaren**.

In Wendell, a do-everything setter/outside hitter, Stanford returns *Volleyball Magazine's* National Player-of-the-Year. She too had an opportunity to try out for the U.S. National Team this summer, but opted not to. She simply wanted to complete her senior year with her class--and try for a third NCAA title in a four-year span.

"In Cary Wendell, we have a player that, unless you've seen her play and watch her closely, it's hard to appreciate all that she does for this team," said Shaw of his three-year starter. "We need Cary on the floor. She is as much an MVP in her value to the team as anybody in the country. Of that, there is no doubt."

Wendell led the team last year in matches (33), games played (107), assists (807), assist average (7.5), digs (328) and digs average (3.1). She had 295 kills and 644 attempts, both third-high on the squad. Her hitting percentage was a solid .335.

Also starting at outside hitter is Triefenbach of Belleville, Ill. She is a two-year starter, and last year was an AVCA second-team All-American. A powerful leaper, she would be expected to start again.

Marnie's hitting percentage was at or around the .300 range most of last season before it fell to its final mark of .285.

Hromadka started at an outside hitter spot more often than not in 1993 when she was a sophomore, but she played a secondary role last year as a junior. All teams need players like Wendy, whose consistency and versatility are her hallmarks. She could play more of a role than people might think in 1995--with or without Folkl.

McLaren has been another unsung hero for this squad. A spirited practice player, she is most famous for her five NCAA titles that she has been a part of in her three years. She has helped Stanford win three in swimming as a backstroke (1993, 1994 and 1995), and two in volleyball as an outside hitter (1992, 1994). No other female in Stanford history has ever won two NCAA titles in one academic year, but Maureen has done it twice. She hit .333 last year.

### THREE JUNIORS ALL WILL HELP

There are three juniors who are all expected to help in 1995.

Perhaps first and foremost is 6-2 middle blocker **Eileen Murfee**, the player most likely to succeed graduated captain **Anne Wicks**, the lone lost starter. Murfee played a lot in a reserve role last year, and is considered a very good offensive threat, hitting .315 in 1994.



**Nikki Otto** is another middle blocker who could start for many teams. In fact, Otto started quite a bit in her freshman year in 1993. She acted as a reserve in 1994 when she hit .353—high on the team.

**Catherine Juillard** is considered a very important cog in this machine. A part-time setter and a part-time defensive specialist, Juillard played much more than anyone may have expected last season in her first year on the team as a walk-on.

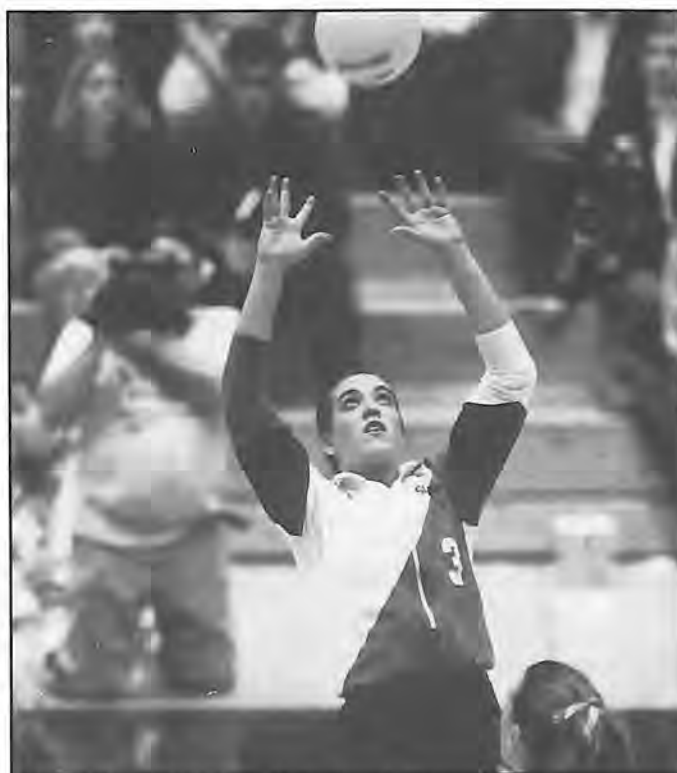
## WILL THERE BE FOUR, FIVE, OR SIX SOPHOMORES

We've mentioned thus far five of the six starters from the 1994 NCAA championship team. The sixth starter was then-freshman **Barbara Ifejika** of Brampton, Ontario—one of only two foreign players ever to play varsity women's volleyball at Stanford. Ifejika, a smooth 6-2 middle blocker, was the third of three freshmen to start for the Cardinal last year.

Last year, the three players who did not dress in uniform for the Final Four were three-freshmen **Paula McNamee**, **Shelly Foster** and **Debbie Lambert**.

Somebody had to sit, but, for the record, these are three fine players. All should contribute in 1995.

"With a full roster, I would expect to be among the favorites," said Shaw, "although I think Nebraska will have a lot to say about that. Either way, there won't be too many matches where we will be the underdog."



**CARY WENDELL: 1994 National Player-of-the-Year.**

## 1995 STANFORD NUMERICAL ROSTER

No.	Name	Cl.	Pos.	Ht.	Hometown (High School)
2	Lisa Sharpley	So.	S/OH	6-0	Los Altos, Calif. (Los Altos)
3	Cary Wendell	Sr.	S/OH	6-0	Arroyo Grande, Calif. (Arroyo Grande)
4	Shelly Foster	Jr.	DS	5-5	Cass Lake, Minn. (Cass Lake)
5	Marnie Triefenbach	Sr.	OH	6-0	Belleville, Ill. (Belleville West)
6	Nikki Otto	Jr.	MB	6-0	Pittsburgh, Pa. (North Allegheny)
7	Paula McNamee	Jr.	MB/OH	6-0	Wheaton, Md. (Sidwell Friends)
8	Barbara Ifejika	So.	MB	6-2	Brampton, Ontario (Mayfield Secondary)
10	Eileen Murfee	Jr.	MB	6-2	Tampa, Fla. (Berkeley Prep)
11	Maureen McLaren	Sr.	OH	6-1	Newport Beach, Calif. (Newport Harbor)
13	Catherine Juillard	Jr.	S/DS	5-8	Los Angeles, Calif. (Marlborough)
15	Debbie Lambert	So.	OH	6-0	Kaneohe, Hawaii (Punahou)
24	Kristin Folkl	So.	OH	6-2	St. Louis, Mo. (St. Joseph's Academy)
26	Wendy Hromadka	Sr.	OH	5-11	Pacific Palisades, Calif. (Palisades)

**Head Coach:** Don Shaw (UC Santa Barbara '77)

**Assistant Coaches:** Denise Corlett (UCLA '81), Robert Patrick (Miami, Ohio '83)

BR - back row, MB - middle blocker, OH - outside hitter, S - setter, DS - defensive specialist

## STANFORD QUICK FACTS

Location ..... Stanford, Calif.  
 Founded ..... 1891  
 Enrollment ..... 6,556  
 Nickname ..... Cardinal  
 Colors ..... Cardinal & White  
 Conference ..... Pac-10  
 Chancellor ..... Dr. Gerhard Casper  
 Athletic Director ..... Ted Leland  
 Volleyball SID ..... Steve Raczynski



**Don Shaw  
Head Coach**



**Cary Wendell**

The 1994 season brought many successes to Cal State Northridge women's volleyball as the Matadors won their first-ever championship at the NCAA Division I level after going undefeated at the National Invitational Volleyball Championship to capture the Founder's Cup and NIVC title and finish the season with a 23-8 record.

But that's the good news. The bad news is that five of the six starters from that squad are gone to graduation, leaving sophomore middle blocker **Rene Goth** as the lone returning starter.

Goth, who played in 24 matches, starting in 23 of them, is joined by junior defensive specialist **Erin Balderama** as the Matador's top returnees. Balderama played in 28 matches and 97 games during the 1994 campaign, tallying 128 digs.

Second-year Head Coach **Dr. Lian Lu** will have his work cut out for him to get his 1995 edition of Matador volleyball primed for the challenges of the upcoming season.

The irony of the success of the '94 squad is that Cal State Northridge earned a bid for the inaugural State Farm - NACWAA Volleyball Classic on Aug. 25-26 at the University of Nebraska. The Matadors will face defending national champion Stanford (32-1) in the first round. Northridge will then face either Nebraska (31-1) or Penn State (31-4) in either the finals or the consolation match.

Though a berth in the prestigious NCAA Tournament remains a goal, contending for a postseason berth or duplicating the success of last year is not one of Lu's objectives.

"My goal is to train the team to fight," said Lu. "My philosophy is not based on win, win, win. I would like to see them have good foundations, fight and work hard. Three things I want to stress to my team is to have a fighting spirit, discipline and enthusiasm."

### SETTERS

With the departure of last year's NIVC Most Valuable Player Kathleen Shannon, the Matadors needed to address vacancies in the setting corps.

The Matadors found the help they needed and should be in good hands with four-year transfers **Heather Hofmans** and **Trisha Moore**.

Hofmans, a 5-10 junior from Bellflower, Calif., transferred to Northridge from Long Beach State. Hofmans was a member of the 49ers' 1993 NCAA Championship squad. Though she was in a reserve roll in '93, Hofmans was the starting setter for Long Beach last season, finishing third in the Big West in assists with an average of 12.54 per game.

Moore is a sophomore transfer from San Jose State who played sparingly for the Spartans in 1994, appearing in 14 matches and 17 games while tallying 85 assists and nine digs.

### MIDDLE BLOCKERS

The middle blocker slot also took a hit with the graduation of **Ana Kristich**, who concluded her four-year Matador career as the all-time block assist leader with 382. Kristich also played in the most games in the program's history, seeing action in 450 games of 127 matches.

However, the Matadors retain the services of Goth, who closed out her first collegiate campaign with 22 total blocks at the NIVC, third best on the team. Though Goth will probably move back to the outside hitter slot for '94—where she was recruited to play—she finished her freshman campaign strongly in the middle, totalling 67 blocks, 60 kills, 83 digs and 17 aces in 24 contests. The product of Buena High School tallied a personal-best seven kills in a home win over Cal State Sacramento and led the Matadors with a career-high nine total blocks in a victory at Cal State Bakersfield.

For the second consecutive year, Cal State Northridge will be relying on at least one freshmen to fill the void in the middle. The

1995 freshman candidates are **Summer Billings** and **Crystal Newquist**.

Billings, a 6-0 native of Santa Barbara, Calif., earned 1994 second-team All-CIF accolades as a senior at San Marcos High School.

Newquist, also 6-0, was a first-team All-South Yosemite League selection in 1994 for Bakersfield's Highland High School.

### OUTSIDE HITTERS

The outside hitter position was hit the hardest losing all three senior starters from a year ago.

Gone is four-year letterwinner Missy Clements, the school's all-time leader in kills with 1,464 (3.6 kpg) and in total attempts (3,764). Clements was also a 1994 second-team All-West Region pick in becoming just the third Matador in school history to record more than 1,000 kills.

Also missing is right side hitter Heather Anderson, Northridge's most complete player. Anderson appears on eight of the Matadors' 10 career charts including third in digs (1,029) and fourth in total blocks (357).

The Matadors also will look to replace the explosiveness to Aimee Stone, who finished her two-year Matador tenure on five career charts, including the school's second-best kill per game average (4.0 kpg) in 1993. Stone tallied 900 kills, 704 digs, 127 total blocks and 90 aces in just two seasons.

In the likelihood that Goth moves to the outside, the Matadors will not be without talent there. Northridge returns two players in **Natasha Johnson** and **Amy Gillis**.

Johnson is a 6-0 redshirt freshman from Ventura High School that earned 1993 honorable mention All-Channel League accolades. Johnson spent last season learning Lu's offensive schemes and tactics and should benefit from the year of hitting against the huge block put up by Kristich and Anderson.

Gillis, a 5-10 sophomore from Saugus, Calif., played in eight matches and 25 games during the 1994 season. She proved to be an effective attacker, hitting at a .308 clip during the season.

Joining the three returning Matadors is an influx of youth and athleticism. Cal State Northridge signed three outside hitters during the offseason, **Holli Hansen**, **Carrie Kapfenberg** and **Lisa Bussard**.

Hansen is a 6-1 freshman from Santa Barbara, Calif., that earned 1994 first-team All-Channel League plaudits as a senior at San Marcos High School.

Kapfenberg, also a freshman, is a six-footer from San Jose and was a teammate of Moore, the transfer setter from San Jose State. While at Leland High School, Kapfenberg earned first-team All-Blossom Valley League honors as a senior and was named to the second-team All-Central Coast Section.

Bussard comes to Northridge from the College of the Canyons. The 6-1 junior is from Valencia, Calif., and was a first-team All-Golden League selection as a junior and senior.

### DEFENSE

The matadors defense will be stable with the return of its two centerpieces, Balderama and **Kris Quinones**.

Balderama returns for her third season after making the transition from setter to back row specialist in 1994. The 5-7 junior contributed 128 digs, 22 service aces, 10 assists and four kills and four total blocks coming off the bench in 97 games last season. She also played in 28 of the team's 31 matches, collecting a season-high 11 digs against Idaho.

Quinones, a 5-5 sophomore defensive specialist from Sacramento, Calif., returns for her second year with the Matador program. Last season she was a walk-on.

# Cal State Northridge

## UNIVERSITY



**RENE GOTH: Outside Hitter**



**ERIN BALDERAMA: Defensive Specialist**

### 1995 CAL STATE NORTHRIDGE NUMERICAL ROSTER

No.	Name	Cl.	Pos.	Ht.	Hometown (High School)
1	Summer Billings	Fr.	MB	6-0	Santa Barbara, Calif. (San Marcos)
2	Natasha Johnson	Fr.	OH	6-0	Ventura, Calif. (Ventura)
3	Holli Hansen	Fr.	OH/RS	6-1	Santa Barbara, Calif. (San Marcos)
4	Crystal Newquist	Fr.	MB	6-0	Bakersfield, Calif. (Highland)
5/22	Heather Hofmans	Jr.	S	5-10	Bellflower, Calif. (St. Joseph/Long Beach State)
6	Erin Balderama	Jr.	DS	5-7	Downey, Calif. (St. Joseph)
8	Rene Goth	So.	OH	5-10	Ventura, Calif. (Buena)
10	Trisha Moore	So.	S	5-10	San Jose, Calif. (Leland/San Jose State)
12	Amy Gillis	So.	OH	5-10	Saugus, Calif. (Saugus)
13	Kris Quinones	So.	DS	5-5	Sacramento, Calif. (Center)
15	Carrie Kapfenberg	Fr.	OH	6-0	San Jose, Calif. (Leland)

**Head Coach:** Dr. Lian Lu (Beijin Institue of Sports Technology '55)

**Assistant Coaches:** Carolyn Hueth, Shelly Swalec

BR - back row, MB - middle blocker, OH - outside hitter, S - setter



**Lian Kang Lu  
Head Coach**

### CAL STATE NORTHRIDGE QUICK FACTS

Location ..... Northridge, Calif.  
 Founded ..... 1958  
 Enrollment ..... 26,000  
 Nickname ..... Matadors  
 Colors ..... Red, White & Black  
 Conference ..... Independent  
 Chancellor ..... Dr. Blenda J. Wilson  
 Athletic Director ..... Robert J. Hiebert  
 Volleyball SID ..... Ryan Finney



**Rene Goth**



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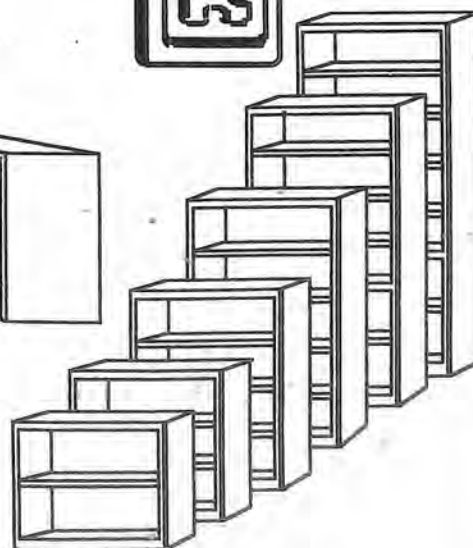
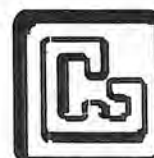
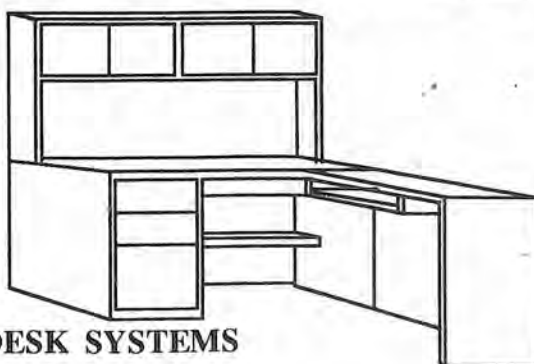
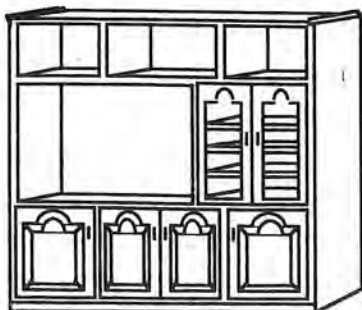


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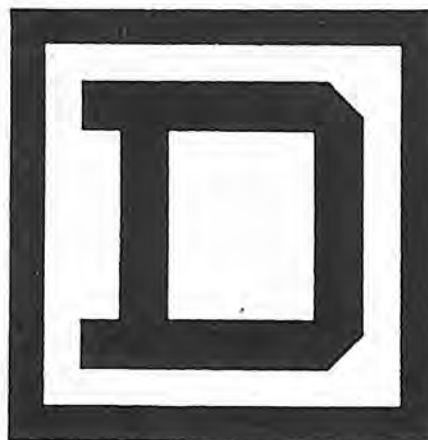
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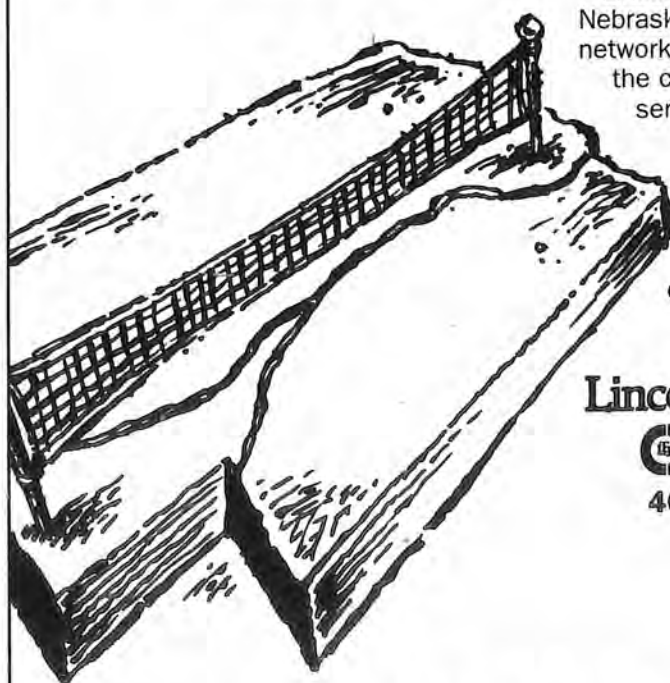
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[illegible]

TEAM ATTACK PER GAME:	TOTAL TEAM BLOCKS:
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[illegible][illegible]

TEAM ATTACK PER GAME: TOTAL TEAM BLOCKS:

GAME 1					<b>KEY</b> A = Assists K = Kills E = Errors D = Digs PCT. = %	BHE = Ball-Handling Errors TA = Total Attempts RE = Receiving Errors BS = Block Solos BA = Block Assists BE = Block Errors	SA = Service Aces SE = Service Errors GP = Games Played TEAM BLOCKS = BS + 1/2 BA KILL PCT. = (K - E) ÷ TA
2							
3							
4							
5							

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